

Community Based Instruction Proposal CYHS 2026-2027

This proposal for Community Based Instruction outlines the locations selected for the 2026-2027 school year:

Rationale:

Learners with significant disabilities have difficulty generalizing skills across settings and situations. To assist with better long term acquisition of skills, instruction and assessment should occur in a variety of settings. Central York High School provides a multitude of settings to teach skills; however, instruction and assessment should also occur in the most naturalistic setting. One way to ensure that learners are truly mastering skills is to provide community based instruction.

Community Based Instruction (CBI) is an instructional strategy that helps learners generalize skills from the classroom to the real world. CBI opportunities are designed to directly relate to the goals in the learner's Individualized Education Plan (IEP), with particular attention given to the areas of the transition plan. The transition plan focuses on three areas; independent living, postsecondary education and training, and employment. CBI will occur in places that offer experiences in self care, recreation and leisure, and pre-vocational skill building opportunities.

Volunteer Opportunities, Job Shadow, and Work Based Learning Experiences provide vocational/prevocational training and are aligned with each individual learner's transition plan.

Learners will acquire new skills, practice known skills, and gain real world experience by volunteering in a variety of areas. Areas include but will not be limited to food prep, hospitality, entertainment, and social activities.

Independent Living opportunities include shopping and recreation/leisure activities.

Grocery Stores (ex. Giant, Weis)

Learners will practice functional math, functional reading, selection skills, meal planning, appropriate behavior, communication skills, and matching skills by taking trips to the grocery store to purchase materials needed for the classroom, special activities, and/or activities of daily living.

Recreational Outings (bowling, parks, mall, restaurants)

Learners will demonstrate appropriate behavior and engage in social interaction while attending recreational activities with peers in the community. Learners will also demonstrate functional reading and math skills to order and pay for meals and activities.

Classroom Ratios: These ratios are not to be exceeded during community based instruction.

Autistic Support Classroom: 10 students : 3 adults, with 2 additional Personal Care Assistants (PCA)

Life Skills Classroom: 10 students : 3 adults

Intensive Learning Support Classroom: 30 students : 6 adults

Learning Support: 5 students: 1 staff

High School Locations for Community Based Instruction

****The High School special education team proposes the following locations for community based instruction related to each students' IEP goals/objectives and transition planning needs. Ratios listed below are specific to each location and are written as learner to staff ratio.**

- **SpiriTrust Lutheran:** 1050 Pennsylvania Ave, York, PA 17404
5:3 (per visit)
- **Autumn House East:** 2618 E Market St, East York, PA 17402
5:3 (per visit)
- **OSS Health:** 1750 5th Ave, York, PA 17403
5:3 (per visit)
- **Wyndham Hotel:** 2000 Loucks Rd, York, PA 17408
5:3 (per visit)
- **Saubel's Markets:** 2630, 3611 E Market St, York, PA 17402
12:5
- **Giant:** 2415 E Market St, York, PA 17402
12:5
- **Colony Park Lanes:** 1900 Pennsylvania Ave, York, PA 17404
12:5
- **R/C Queensgate Movies 13 & IMAX:** 2067 Springwood Rd, York, PA 17403
5:3 (per visit)
- **York Galleria:** 2899 Whiteford Rd, York, PA 17402
12:5
- **Chick-Fil-A:** 2801 E Market St, York, PA 17402
5:3 (per visit)
- **Chipotle:** 2801 Concord Rd, York, PA 17402
5:3 (per visit)
- **Leg Up Farmers Market:** 3100 N George St, York, PA 17406
12:5
- **Red Robin:** 1500 Mt Zion Rd, York, PA 17402
5:3
- **Martin Library:** 159 E Market St, York, PA 17401
12:5
- **Weis Markets:** 2400 E Market St, York, PA 17402
12:5
- **Lowe's:** 2449 E Market St, York, PA 17402
5:3
- **York SPCA:** 3159 Susquehanna Trail, York, PA 17406
5:3
- **Rita's:** 3000 E Market St, York, PA 17402
12:5
- **Walmart:** 2801 E Market St bldg b, York, PA 17402
2:1
- **Wellspan Park:** 5 Brooks Robinson Way, York, PA 17401
12:5
- **Collage**

932 S George St, York, PA 17403
8:2

- **Zoo America**
205 Park Ave., Hershey, PA 17033
12:5
- **York County Judicial Center**
45 N George Street, York, PA 17401
30:6
- **Nixon Park**
5922 Nixon Dr., York, PA 17403
12:5
- **Giant Food Stores**
205 Glen Dr., Manchester, PA 17345
12:5
- **Starbucks**
2521 E. Market St., York, PA 17401
12:5
- **Target**
2610 Pleasant Valley Rd., York, PA 17402
9:3
- **Susan Byrnes Center**
515 S. George St., York, PA 17401
12:5
- **John Rudy Park**
400 Mundis Race Rd., York, PA 17406
12:5
- **Rutters Putter Paradise**
125 Lightener Rd., York, PA 17404
12:5
- **The Lancaster Science Factory**
454 New Holland Ave., Lancaster, PA 17402
12:5
- **Friendly's**
423 Loucks Rd, York, PA 17404
10:3
- **Infinito's Pizza Buffet**
1500 N George St, York, PA 17404
10:3
- **Sam's Club**
2801 E Market St, York, PA 17402
10:3
- **Sweet Frog**
2071 Springwood Rd, York, PA 17403
10:3
- **Michael's**
2700 Pleasant Valley Rd York, PA 17402-9609
- **Dollar Tree**
2801 E Market St, York, PA 17402 or 1071 Haines Rd.
York, PA 17402-3511

5:2

- **White Rose Credit Union**

3603 East Market Street York, PA 17402-9050 or 555 Willow Springs Ln. York, Pa 17406

2:1

- **Pennsylvania State Capitol Complex**

501 N Third Street, Harrisburg, PA 17120

25:6

- **Laser Alleys Family Fun Center:** 3905 E Market St, York, PA 17402

11:3

- **West Manchester Town Center- Various locations:** 415 Town Center Dr, York, PA

17408 11:3

- **York Learning Center PAES Lab:** 300 E. 7th Ave. York, PA 17404 4:2
- **Penn-Mar Human Services:** 888 Far Hills Dr. New Freedom, PA 17349 10:4
- **York County Transition Council Student Day:** Location varies yearly 30:2
- **Goodridge Freedom Center & Underground Railroad:** 123 E Philadelphia St York, PA 17401 30:6
- **Mifflin House:** 202 Cool Springs Rd, Wrightsville, PA 17368 30:6
- **York County History Center** 21 N Pershing Ave, York, PA 17401 30:6
- **Sam Lewis State Park** 6000 Mt. Pisgah Road York, PA 17406 30:6
- **Cousler Park** 1060 Church Rd, York, PA 17404
- **The Jewish Community Center-** 2000 Hollywood Dr York PA 17403
- **Planet Fitness-** 1248 Greensprings Dr York PA 17402
- **Good Spirit BBQ-** 80 W Market St Hallam PA 17406
- **York Town Center-** 2845 Concord Rd York PA 17402