

Community Based Instruction Proposal CYMS 2026-2027

This proposal for Community Based Instruction outlines the locations selected for the 2026-2027 school year:

Rationale:

Learners with significant disabilities have difficulty generalizing skills across settings and situations. To assist with better long term acquisition of skills, instruction and assessment should occur in a variety of settings. Central York High School provides a multitude of settings to teach skills; however, instruction and assessment should also occur in the most naturalistic setting. One way to ensure that learners are truly mastering skills is to provide community based instruction.

Community Based Instruction (CBI) is an instructional strategy that helps learners generalize skills from the classroom to the real world. CBI opportunities are designed to directly relate to the goals in the learner's Individualized Education Plan (IEP), with particular attention given to the areas of the transition plan. The transition plan focuses on three areas; independent living, postsecondary education and training, and employment. CBI will occur in places that offer experiences in self care, recreation and leisure, and pre-vocational skill building opportunities.

Volunteer Opportunities, Job Shadow, and Work Based Learning Experiences provide vocational/prevocational training and are aligned with each individual learner's transition plan.

Learners will acquire new skills, practice known skills, and gain real world experience by volunteering in a variety of areas. Areas include but will not be limited to food prep, hospitality, entertainment, and social activities.

Independent Living opportunities include shopping and recreation/leisure activities.

Grocery Stores (ex. Giant, Weis)

Learners will practice functional math, functional reading, selection skills, meal planning, appropriate behavior, communication skills, and matching skills by taking trips to the grocery store to purchase materials needed for the classroom, special activities, and/or activities of daily living.

Recreational Outings (bowling, parks, mall, restaurants)

Learners will demonstrate appropriate behavior and engage in social interaction while attending recreational activities with peers in the community. Learners will also demonstrate functional reading and math skills to order and pay for meals and activities.

Classroom Ratios: These ratios are not to be exceeded during community based instruction.

Autistic Support Classroom: 10 students : 5 adults, with 2 additional Personal Care Assistants (PCA)

Life Skills Classroom: 10 students : 3 adults

Intensive Learning Support Classroom: 30 students : 6 adults

- Central York High School
- Educational Service Center
- Springettsbury Park 1501 Mt. Zion Rd.
- Walmart E. Market St.
- Martin Library 159 E. Market St.
- Weis Markets 2400 E. Market St.
- John Rudy Park 400 Mundis Race Rd.
- York Galleria Mall
- Five Below
- Springettsbury Police Station
- East York Post Office
- 2nd and Charles
- Goodwill
- Waste Management
- York Container
- Whitaker Center for the Science and Arts
- Zoo America
- Nixon Park
- Keystone Kidspace
- Crystal Cave
- Middletown & Hummelstown Railroad
- Pennsylvania State Capital
- Ifly - Nottingham, MD
- Perrydell Farm York, PA
- Colony Park Lanes & Games York, PA
- Round the Clock Diner York, PA

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