Policy Committee Meeting

Monday, September 14, 2026 3:00 PM Eastern

The Administration Building / Conference Room
5775 Main St.
Center Valley, PA 18034

1. OPENING PROCEDURES A. Call to Order
   B. Recording of Attendance
2. VISITORS' COMMENTS A. Comments will be limited to three minutes per speaker to provide input to the board on items that are before us.
3. APPROVAL OF MINUTES A. Motion to approve the Policy Committee meeting minutes of June 8, 2026.
4. SECOND READING OF POLICIES
5. FIRST READING OF POLICIES
   - 5.A. Policy 122 - Extracurricular and Co-Curricular Activities
   - 5.B. Policy 123 - Interscholastic Athletics
   - 5.C. Policy 209 - Health Examination/Screenings
   - 5.D. Policy 209.1 - Food Allergy Management
   - 5.E. Policy 210 — Medications
   - 5.F. Policy 246 - School Wellness
   - 5.G. Policy 823 - Naxolene
6. ADMINISTRATIVE REGULATION
   - 6.A. AR 122 — Extracurricular and Co-Curricular Activities
   - 6.B. AR 123 — Interscholastic Athletics
7. VISITORS' COMMENTS
8. ADJOURNMENT A. Adjourn

Book. Policy Manual
Section. 100 Programs
Title. Extracurricular and Co-curricular Activities
Code. 122
Status. Solicitor Review
Adopted. November 11, 2002
Last Revised. December 1, 2015
Prior Revised Dates. October 9, 2006

Purpose

The Board recognizes the educational values inherent in student participation in extracurricular activities and supports the concept of student organizations for such purposes as building social relationships, developing interests in a specific area, and gaining an understanding of the elements and responsibilities of good citizenship.

All learning experiences offered by the schools of this district— curricular, extracurricular, and cocurricular should be planned and integrated toward the attainment of the district's objectives.

This policy does not apply to interscholastic, intramural, or club sports.

~~**Definitions**~~

"Extracurricular Activities" means "those programs that are sponsored or approved by the Board but are not explicitly connected to academic learning." Such activities shall normally be:

1. Conducted wholly or partly outside the regular school day.
2. Marked by student participation in the processes of initiation, planning, organizing, and execution.
3. Equally available to all students who voluntarily elect to participate, except that where eligibility requirements are necessary or desirable, the Board shall be so informed and must approve the establishment of eligibility standards before they may be operable.
4. Conducted in a manner that ensures the inclusion of all students in accordance, when applicable, with their individualized educational plans, including providing accommodations where appropriate.

"Cocurricular activities" refers to activities, programs, and learning experiences that complement, in some way, what students are learning in school—i.e., experiences that are connected to or mirror the academic curriculum.

~~**"Cocurricular activities"**~~ Cocurricular activities frequently involve participation

in a class offered for credit toward graduation from high school or for which a student is awarded a grade. Such activities shall ordinarily be:

1. Conducted partly outside and partly inside the regular school day.
2. Available to all students who voluntarily elect to participate except for those who fail to meet the eligibility requirements.
3. Conducted in a manner that ensures the inclusion of all students in accordance, when applicable, with their individualized educational plans, including providing accommodations where appropriate.

School District-Sponsored Activity: a Board-approved organization for students that is neither a District-Recognized Interscholastic PIAA Sports Team/Program or Club Sport, which holds regular practices/meetings and is advised/supervised by a Board-appointed, District-stipended coach or advisor. The administration of School District-Sponsored Activities is the responsibility of the appropriate Building Principal. Activity representatives may participate in competitions, conventions or similar events, which are generally self-funded or funded in part or whole by the Principal's building budget. Examples of School District Sponsored Activities include Honor Society, Future Business Leaders of America, Competition Cheering, Robotics Club, Dance Team and Orchestra. School District Sponsored Activities may be funded by building budgets and/or by Principal-approved fundraising initiatives.

Club Sport: a Board-approved sporting team or organization that holds regular practices and may participate in contests, but is not recognized by the Board of School Directors as an Interscholastic PIAA Sports Team/Program by the District. Club sports are not funded by the District in any way, and coaches and advisors must be approved for service by the District, but are privately paid. The appropriate Building Principal shall provide administration for the operation of the Club Sport. Some examples of club sports include the Middle School Track Club and the Boys' Volleyball Club.

~~For purposes of this policy, the following definitions shall apply:~~
Athletic Activity shall mean all of the following:[2][3]

a. An athletic contest of competition, other than interscholastic athletics, that is sponsored by or associated with the school, including cheerleading, club-sponsored sports activities and sports activities sponsored by school-affiliated organizations.
b. Noncompetitive cheerleading that is sponsored by or associated with the school.
c. Practices, interschool practices and scrimmages for all athletic activities.
d. ~~**"Limited Open Forum"** in secondary schools allows the opportunity for non-curriculum related student groups to meet on school premises during noninstructional time.[4]~~

e. ~~**Noninstructional time** is defined as time set aside by the school before actual classroom instruction begins, after actual classroom instruction ends, or during the lunch time.~~

Authority

The Board shall make school facilities, supplies and equipment available and shall assign staff members for the support of extracurricular activities for students. Such availability and assignment shall be in accordance with ~~the Equal Access Act~~applicable laws, regulations, and Board policies.[5]

~~The Board encourages secondary level students to pursue clubs and interest that may not be related directly to any of the curriculum programs offered in the district. In pursuit of such goal and in compliance with law, the Board maintains a limited open forum in which secondary students may meet for voluntary student-initiated activities unrelated directly to the curriculum, regardless of the religious, political, philosophical or other content of the speech related to such activities.[4][6][7]~~

Any extracurricular activity shall be considered under the sponsorship of this Board when it has been approved by the Superintendent upon recommendation of the building principal.

The Board may maintain the program of extracurricular activities. In addition, the Board may require that students pay a reasonable fee to participate in an extracurricular activity or program.

1. The Board's responsibility for provision of supplies shall carry the same exemptions as listed in the Board's policy on regular school supplies.[8]
2. Students may assume all or part of the costs for travel and attendance at extracurricular events and trips.
3. Where eligibility requirements are necessary or desirable, the Board shall be informed and must approve the establishment of eligibility standards before they may be operable.

The Board directs that no student may participate in interscholastic athletics who has not:

1. Met the requirements for academic eligibility.[5]
2. Attended school regularly.[9]
3. Been in attendance on the day of the athletic event or practice for the hours required.
4. Returned or replaced all school athletic equipment previously used.

5. Complied with the requirements of the Athletic Handbook.

6. Complied with the requirements of the Code of Conduct for Interscholastic Athletics and Board policies and administrative regulation related to student discipline.[10]

7. Adhered to applicable discipline standards.

~~Off-Campus Activities~~

~~Student conduct that occurs off school property or during nonschool hours shall comply with the provisions of the student discipline policy and any associated handbooks or codes of conduct addressing off-campus activities.~~

~~This policy shall also apply to student conduct that occurs off school property and would otherwise violate the Code of Student Conduct if any of the following circumstances exist:~~

1. ~~The conduct occurs during the time the student is traveling to and from school or traveling to and from school-sponsored activities in a school owned or contracted conveyance.~~

2. ~~The student is a member of an extracurricular activity and has been notified that particular off-campus conduct could result in exclusion from such activities.~~

3. ~~Student expression or conduct materially and substantially disrupts the operations of the school, or the administration reasonably anticipates that the expression or conduct is likely to materially and substantially disrupt the operations of the school.~~

4. ~~The conduct has a direct nexus to attendance at school or a school-sponsored activity, for example, a transaction conducted outside of school pursuant to an agreement made in school, that would violate the Code of Student Conduct if conducted in school.~~

5. ~~The conduct involves the theft or vandalism of school property.~~

Delegation of Responsibility

Each school year, prior to participation in an athletic activity, every student athlete and his/her parent/guardian shall sign and return the acknowledgement of receipt and review of the following:[11][12][13][14]

1. Concussion and Traumatic Brain Injury Information Sheet.

2. Sudden Cardiac arrest Symptoms and Warning Signs Information sheet, that includes information about electrocardiogram testing.

The Superintendent or designee ~~shall~~ may develop administrative regulations to implement the extracurricular activities program. ~~All student groups shall adhere to Board policy and administrative regulations.~~

~~**Guidelines**~~

~~Guidelines shall ensure that the program of extracurricular activities:~~

1. ~~Assesses the needs and interests of and is responsive to district students.~~
2. ~~Involves students in developing and planning extracurricular activities.~~
3. ~~Ensures provision of competent guidance and supervision by staff.~~
4. ~~Guards against exploitation of students.~~
5. ~~Provides a variety of experiences and diversity of organizational models.~~
6. ~~Provides for continuing evaluation of the program and its components.~~
7. ~~Ensures that all extracurricular activities are open to all students and that all students are fully informed of the opportunities available to them.[1][15]~~

~~Equal Access Act~~

~~The district shall provide secondary students the opportunity for noncurriculum related student groups to meet on the school premises during noninstructional time for the purpose of conducting a meeting within the limited open forum on the basis of religious, political, philosophical, or other content of the speech at such meetings. Such meetings must be voluntary, student initiated, and not sponsored in any way by the school, its agents or employees.[4]~~

~~**Noninstructional time** is the time set aside by the school before actual classroom instruction begins, after actual classroom instruction ends, or during the lunch hour.~~

~~The meetings of student groups cannot materially and substantially interfere with the orderly conduct of the educational activities in the school.~~

~~The Superintendent or designee shall establish the length of sessions, number per week, and other limitations deemed reasonably necessary.~~

~~The district retains the authority to maintain order and discipline on school premises to protect the well-being of students and employees and to ensure that attendance of students at such meetings is voluntary.~~

~~The Board shall establish fair, reasonable and nondiscriminatory rules and regulations regarding the conduct of all students in the school district during the time they are under the supervision of the school or at any time while on school property, while present at school-sponsored activities, and while traveling to or from school and school-sponsored activities in district contracted conveyances.~~

~~**Replaces policies 5130 and 5133**~~

Legal
1. 22 PA Code 12.1
2. 24 P.S. 5322
3. 24 P.S. 5332
4. 20 U.S.C. 4071 et seq
5. 24 P.S. 511
6. Pol. 103
7. Pol. 103.1
8. Pol. 110
9. Pol. 204
10. Pol. 218
11. 24 P.S. 5323
12. 24 P.S. 5333
13. Pol. 123.1
14. Pol. 123.2
15. 22 PA Code 12.4
24 P.S. 5321 et seq
24 P.S. 5331 et seq
Pol. 000
Last Modified by Justin Barbetta on July 12, 2026

Book. Policy Manual
Section. 100 Programs
Title. Interscholastic Athletics
Code. 123
Status. Adopted June 24, 2002
Last Revised. November 9, 2015
Prior Revised Dates. October 9, 2006; April 11, 2011

Purpose

The Board recognizes the value of a program of interscholastic athletics as an integral part of the total school experience for all district students and to the community.

The program fosters the growth of school loyalty within the student body as a whole and stimulates community interest. The game activities and practice sessions provide opportunities to teach the values of competition, sportsmanship, and teamwork.

Definition

For purposes of this policy, the program of **interscholastic athletics** shall include all activities relating to competitive or exhibition sport contests, games or events involving individual students or teams of students when such events occur between schools within this district or outside this district.

District-Recognized Interscholastic PIAA Sporting Team/Program: a Board-approved, District-sponsored and recognized team/program that is coached by a Board-appointed and District-stipended appointee, which participates in interscholastic contests under the rules and regulations of the PIAA. All District-Recognized Interscholastic PIAA Sporting Teams/Programs will be administrated by the Coordinator of Athletics.

Authority

It shall be the policy of the Board to offer opportunities for participation in interscholastic athletic programs to male and female students on as equal basis as is practicable and without discrimination, in accordance with ~~State~~ applicable laws, regulations, and Board policies.[1]

The Board shall approve a program of interscholastic athletics and shall require that all facilities utilized in that program, whether or not the property of this Board, properly safeguard both players and spectators and are kept free from hazardous conditions.[2]

The Board shall determine the standards of eligibility to be met by all students participating in ~~an~~ the interscholastic athletic program. Such standards shall require that each student, before participating in any interscholastic athletic activity, be covered by student accident insurance and undergo a physical examination by a licensed physician to ensure that there are no obvious illnesses and/or injury that would place the student or others at enhanced risk of injury.~~; be in good physical condition; be free of injury, as determined by the district physician.~~[2]12]

The Board ~~further~~ adopts ~~those~~ the eligibility standards set by the Constitution and Bylaws of the Pennsylvania Interscholastic Athletic Association ("PIAA").

The Board may require that students pay reasonable fees to participate in an interscholastic or athletic activity or program.

The Board directs that no student may participate in interscholastic athletics who has not:

1. Met the requirements for academic eligibility.
2. Attended school regularly.[3]
3. Been in attendance on the day of the athletic event or practice for the hours required.
4. Returned or replaced all school athletic equipment previously used.
5. Complied with the requirements of the Athletic Handbook.
6. Complied with the requirements of the Code of Conduct for Interscholastic Athletics and Board policies and administrative regulations related to student discipline.[4]
7. Adhered to applicable discipline standards.

Off-Campus Activities

Student conduct that occurs off school property or during nonschool hours shall comply with the provisions of the student discipline policy and any associated handbooks or codes of conduct addressing off-campus activities. [4]

~~This policy shall also apply to student conduct that occurs off school property and would otherwise violate the Code of Student Conduct if any of the following circumstances exist:[4]~~

1. ~~The conduct occurs during the time the student is traveling to and from school or traveling to and from school-sponsored activities in a school owned or contracted conveyance.~~
2. ~~The student is a member of an extracurricular activity and has been notified that particular off-campus conduct could result in exclusion from such activities.~~
3. ~~Student expression or conduct materially and substantially disrupts the operations of the school, or the administration reasonably anticipates that the expression or conduct is likely to materially and substantially disrupt the operations of the school.~~
4. ~~The conduct has a direct nexus to attendance at school or a school-sponsored activity, for example, a transaction conducted outside of school pursuant to an~~

~~agreement made in school, that would violate the Code of Student Conduct if conducted in school.~~

5. ~~The conduct involves the theft or vandalism of school property.~~

Delegation of Responsibility

Each school year, prior to participation in an interscholastic athletic activity, every student athlete and his/her parent/guardian shall sign and return the acknowledgement of receipt and review of the following:[5][6][7][8]

1. Concussion and Traumatic Brain Injury Information Sheet.
2. Sudden Cardiac Arrest Symptoms and Warning Signs Information Sheet, that includes information about electrocardiogram testing.

The Superintendent or designee shall annually prepare, approve and present to the Board for its consideration a program of interscholastic athletics, which shall include a complete schedule of events.

The Superintendent or designee shall disseminate rules for the conduct of students participating in interscholastic athletics. Such rules shall be in conformity with regulations of the State Board of Education, the P.I.A.A. and the school district.

The Superintendent shall ensure that similar athletic programs are offered to both sexes in proportion to the district's enrollment, in accordance with Title IX regulations.[1]

The Superintendent shall ensure that interscholastic athletics are open to all eligible students and that all students are fully informed of the opportunities available to them.[9][10]

Guidelines

Male/Female Athletic Opportunities Report

By October 15 of each year, on the designated disclosure form, the Superintendent or designee shall report to the PA Department of Education the interscholastic athletic opportunities and treatment for male and female secondary school students for the preceding school year.[11]

By November 1 of each year, the completed disclosure form shall be made available for public inspection during regular business hours and posted on the district's website.[11]

The availability of the completed disclosure form shall be announced on the district website.[11]

Name, Image and Likeness

Students and their parents/guardians are responsible for following the rules set by the P.I.A.A. for the student to maintain their amateur status in order to be continuously eligible to participate in the district's interscholastic athletics program.[13]

Students may use their own name, image and likeness for such permissible activities that include commercial endorsements, promotional activities, social media presence, product or service advertisements and unique digital items/assets.[13]

District employees and any individual affiliated with a P.I.A.A. member school, including booster clubs, coaches, collectives, administrators and alumni, are prohibited from soliciting, arranging, negotiating or paying for a student's use of their name, image and likeness and/or the provision of consideration to a student for the use of their name, image and likeness. This provision does not apply if the use of the name, image and likeness is for their own child.[13]

Students must notify the building principal or Athletic Director upon entering into any type of name, image and likeness contracts or agreements within seventy-two (72) hours of entering into such contract or agreement. Such notification does not serve as approval by the district of any name, image and likeness contract or agreement.[13]

Legal
1. 22 PA Code 4.27
2. 24 P.S. 511
3. Pol. 204
4. Pol. 218
5. 24 P.S. 5323
6. Pol. 123.1
7. Pol. 123.2
8. 24 P.S. 5333
9. 22 PA Code 12.1
10. 22 PA Code 12.4
11. 24 P.S. 1603-C
12. PIAA Bylaws, Article V
13. PIAA Bylaws, Article II
24 P.S. 1601-C et seq
24 P.S. 5321 et seq
24 P.S. 5331 et seq
34 CFR 106.41
Pol. 103

Section **200 (Pupils)**
Policy **209**
Title **Health Examinations/Screenings**

Authority

In compliance with applicable law and regulations, and Board-approved health and safety plans, the Board shall require that district students submit to health and dental examinations, screenings and health monitoring in order to protect the school community from the spread of communicable disease and to ensure that the student's participation in health, safety and physical education courses meets the student's individual needs and that the learning potential of each student is not lessened by a remediable physical disability.[1][2][3][4]

Guidelines

~~Each student shall receive a comprehensive health examination conducted by the school physician upon original entry, in sixth grade, and in eleventh grade.[2][4][5].~~ **A comprehensive health ~~health~~ examination by a school physician is required upon original entry, in sixth grade, and in eleventh grade. ~~and a~~A comprehensive dental examination by a school dentist is required by the district upon original entry, in third grade, and in seventh grade.**

In lieu of an examination by school personnel, aA private health and/or dental examination conducted at the parents'/guardians' request and expense shall be accepted. The district shall accept reports of privately conducted physical and dental examinations completed within one (1) year prior to a student's entry into the grade where an exam is required. ~~**If a student is not able to have a private health and/ or dental examination conducted, the school physician and dentist will be made available.**~~

~~Each student shall receive a comprehensive dental examination conducted by the school dentist upon original entry, in third grade, and in seventh grade.[3][4][5]~~

~~A private health and/or dental examination conducted at the parents'/guardians' request and expense shall be accepted in lieu of the school examination. The district shall accept reports of privately conducted physical and dental examinations completed within one (1) year prior to a student's entry into the grade where an exam is required. [5]~~

The school nurse or ~~medical technician~~ **nursing students needing clinical and field experiences through a district approved contract with a local university** shall administer to each student vision tests **screenings,** hearing **screenings, other** tests deemed advisable, and height and weight measurements, at intervals established by the district and in accordance with the standards acceptable to the Department of Health. Height and weight measurements shall be used to calculate the student's weight-for-height ratio.[2][4][6]

Parents/Guardians of students who are to receive physical and dental examinations or screenings shall be notified. The notice shall include the date and location of the examination or screening and notice that the parents/guardians may attend. The notice shall encourage the parent/guardian to have the examination or screening conducted by the student's private physician or dentist at the parent's/guardian's expense to promote continuity of care. Such statement may also include notification that the student may be exempted from such examination or screening if it is contrary to the parent's/guardian's religious beliefs.[7][8][9]

Medical examinations shall be conducted in the presence of the parent/guardian of the child upon request from the parent/guardian. [7][8][9]

A student who presents a statement signed by the parent/guardian that a health and/or dental examination is contrary to the student's or parent's/guardian's religious beliefs shall be examined only when the Secretary of Health determines that facts exist indicating that certain conditions would present a substantial menace to the health of others in contact with the student if the student is not examined for those conditions.[10][11]

Where it appears to school health officials or teachers that a student deviates from normal growth and development, or where school examinations reveal conditions requiring health or dental care, the parent/guardian shall be notified of the apparent need for a special examination by the student's private physician or dentist. The parent/guardian shall notify the school of the actions taken with respect to the special examination recommendation(s). If the parent/guardian fails to report the results to the nurse or school physician, the nurse or school physician shall arrange a special medical examination. ~~The parent/guardian shall report to the school whether a special examination occurred. If the parent/guardian fails to report whether the examination occurred within a reasonable time after being notified of the apparent need and the abnormal condition persists, appropriate school health personnel shall arrange a special health examination for the student.~~[2][4][12]

~~In the event that the parent/guardian objects to or refuses to obtain a regular or special health or dental examination or refuses to permit the child to be examined as arranged by the school nurse or school physician, the school nurse, in consultation with the school physician, shall determine whether the student appears to have unaddressed health conditions such that under the circumstances the refusal should be reported to the PA Department of Health or other appropriate authorities~~.

Where school health officials or staff have reasonable cause to suspect that a student may be the victim of child abuse, the school employee shall make a report of suspected child abuse in accordance with law and Board policy.[13][14]

Health Monitoring

The Board directs district staff to monitor student health in accordance with applicable Board policy and the Board-approved health and safety plan.[15]

A student may request an alternative method of monitoring as a religious accommodation, and designated district staff shall assess and respond to such request in accordance with applicable law, regulations and Board policy. A request for an accommodation that would unreasonably impair safety or cause undue hardship will not be granted.[16]

A student with a health condition that may render a monitoring method ineffective should notify designated staff so that alternative or supplemental methods may be considered.[16][17]

Students who may be exhibiting symptoms that indicate health concerns shall be referred to the school nurse or designated staff for further assessment and response, in accordance with Board policy.[15]

Health Records

The district shall maintain for each student a comprehensive health record which includes a record of immunizations and the results of tests, measurements, regularly scheduled examinations and special examinations.[2]

All health records shall be confidential and shall be disclosed only when necessary for the health of the student or when requested by the parent/guardian, in accordance with law and Board policy.[18][19][20]

The district may disclose information from health records to appropriate parties in connection with an emergency when necessary to protect the health or safety of the student or other individuals, in accordance with applicable law and Board policy.[15][18] [19][20][21][22][23]

Designated district staff shall request from the transferring school the health records of students transferring into district schools. Staff shall respond to such requests for the health records of students transferring from district schools to other schools.[18]

The district shall destroy student health records only after the student ~~has not been enrolled in district schools for at least two (2) years~~ **ceases to be enrolled in the district after six (6) years**.[18][24]

Delegation of Responsibility

The Superintendent or designee shall instruct all staff members to continually observe students for conditions that indicate health concerns or disability and to promptly report such conditions to the school nurse or designated staff.[2]

The Superintendent or designee shall ensure that notice is provided to all parents/guardians regarding the existence of and eligibility for the Children's Health Insurance Program (CHIP).[12]

Legal

1. 24 P.S. 1401
2. 24 P.S. 1402
3. 24 P.S. 1403
4. 22 PA Code 12.41
5. 24 P.S. 1407
6. 28 PA Code 23.1 et seq
7. 24 P.S. 1405
8. 28 PA Code 23.2
9. 20 U.S.C. 1232h
10. 24 P.S. 1419
11. 28 PA Code 23.45
12. 24 P.S. 1406
13. 23 Pa. C.S.A. 6311
14. Pol. 806
15. Pol. 203
16. Pol. 103
17. Pol. 103.1
18. 24 P.S. 1409
19. Pol. 113.4
20. Pol. 216

21. 20 U.S.C. 1232g
22. 34 CFR Part 99
23. Pol. 805
24. Pol. 800

24 P.S. 1401-1419
23 Pa. C.S.A. 6301 et seq

Section **200 (Pupils)**
Policy **209.1**
Title **Food Allergy Management**

Purpose

The Board is committed to providing a safe and healthy environment for students with severe or life-threatening food allergies and shall establish policy to address food allergy management in district schools in order to:

1. Reduce and/or eliminate the likelihood of severe or potentially life-threatening allergic reactions.
2. Ensure a rapid and effective response in the case of a severe or potentially life-threatening allergic reaction.
3. Protect the rights of students by providing them, through necessary accommodations when required, the opportunity to participate fully in all school programs and activities, including classroom parties and field trips.

The focus of food allergy management shall be on prevention, education, awareness, communication and emergency response

Authority

The Board adopts this policy in accordance with applicable state and federal laws and regulations, and the guidelines established jointly by the PA Department of Education and PA Department of Health on managing severe or life-threatening food allergies in the schools.[1]

Definitions

Food allergy - an abnormal, adverse reaction to a food that is triggered by the body's immune system.

Medical Plans of Care - written documents individualized for a particular student with a severe or life-threatening food allergy to address the student's needs throughout the school day, including:

1. *Emergency Care Plan (ECP)* - a medical plan of care based on the information provided in the student's Individualized Healthcare Plan (IHP) and distributed to all school personnel who have responsibilities for the student which specifically describes how to recognize a food allergy emergency and what to do when signs or symptoms of these conditions are observed.
2. *Individualized Healthcare Plan (IHP)* - a medical plan of care **that is written by school nurses** that provides written directions for school health personnel to follow in meeting the individual student's healthcare needs. The plan describes functional problem areas, sets goals for overcoming problems, and lists tasks/interventions to meet the goals. The IHP shall include a Food Allergy Medical Management Plan developed by a student's personal healthcare team and family, which shall outline the student's prescribed healthcare regimen and be signed by the student's board-certified allergist, family physician, physician assistant or certified registered nurse practitioner.
3. *Related Services Component in Individualized Education Program (IEP)* - that part of an IEP for a student receiving special education and related services which includes reference to development and implementation of an IHP and ECP for students with a documented severe or

life-threatening food allergy as well as identifying the medical accommodations, educational aids and services to address the student's needs.[2]

4. *Section 504 Service Agreement* - a medical plan of care which references development and implementation of an IHP and ECP as well as other accommodations, educational aids and services a student with a documented severe or life-threatening food allergy requires in order to have equal access to educational programs, nonacademic services and extracurricular activities as students without food allergies.[3]

Guidelines

Prior to enrollment in the district or immediately after diagnosis of a food allergy, appropriate medical plans of care such as an ECP, IHP, Section 504 Service Agreement and/or IEP shall be developed for each student identified with a food allergy. Plans shall be developed by the school nurse **and appropriate school team members**, in collaboration with the student's healthcare provider, the student's parents/guardians, district or school nutrition staff, the student, if appropriate, and any other appropriate persons.

Where a medical plan of care is developed, it should carefully describe the plan for coverage and care of a student during the school day as well as during school-sponsored activities which take place while the student is under school jurisdiction during or outside of school hours. Medical plans of care shall include a component which provides information to the school nutrition service regarding each student with documented severe or life-threatening food allergies.

Medical plans of care should include both preventative measures to help avoid accidental exposure to allergens and emergency measures in case of exposure, including administration of emergency medication.[4][5]

A complete set of a student's current medical plans of care related to food allergies shall be maintained by the school nurse. Information or copies of the different components of a student's medical plans of care shall be provided to appropriate personnel who may be involved in implementation of the medical plans of care.

Accommodating Students With Disabling Special Dietary Needs

Students with food allergies may be identified, evaluated and determined to be disabled, in which case the district shall make appropriate accommodations, substitutions or modifications in accordance with the student's medical plans of care.[2][3]

The district must provide reasonable accommodations, substitutions or modifications for students with disabling dietary needs. The student's physician shall determine and document if the student has a disabling dietary need. Examples of a disability under this policy would include metabolic conditions (e.g., diabetes), severe food allergies or cerebral palsy.

Students who fall under this provision must have a written medical statement signed by a licensed physician, physician assistant, or certified registered nurse practitioner ~~licensed~~

~~physician, which shall be included with the student's IHP~~. The medical statement must identify:[6]

1. The student's special dietary disability.
2. An explanation of why the disability restricts the student's diet.
3. The major life activity(ies) affected by the disability.
4. The food(s) to be omitted from the student's diet.
5. The food or choice of foods that must be provided as the substitute.

Accommodating Students With Nondisabling Special Dietary Needs

The district may, at its discretion, make appropriate accommodations, substitutions or modifications for students who have a special dietary need but who do not meet the definition of disability, such as a food intolerance or allergy that does not cause a reaction that meets the definition of a disability. The decision to accommodate such a student shall be made on a case-by-case basis.

Students who fall under this provision must have a written medical statement signed by a licensed physician, physician assistant or certified registered nurse practitioner identifying the following:

1. The medical or other special dietary condition which restricts the student's diet.
2. The food(s) to be omitted from the student's diet.
3. The food or choice of foods to be substituted.

Confidentiality

The district shall maintain the confidentiality of students with food allergies, to the extent appropriate and as requested by the student's parents/guardians. District staff shall maintain the confidentiality of student records as required by law, regulations and Board policy.[7][8][9]

Delegation of Responsibility

The Superintendent or designee, in coordination with the school nurse, school nutrition services staff, and other pertinent staff, shall develop administrative regulations to implement this policy or adopt as administrative regulations the suggested guidelines developed by the Pennsylvania Departments of Education and Health or other state and federal guidance on managing severe or life-threatening food allergies in district schools, including all classrooms and instructional areas, school cafeterias, outdoor activity areas, on school buses, during field trips, and during school activities held before the school day and after the school day. [10][11][12][13]

Administrative regulations should address the following components:

1. Identification of students with food allergies and provision of school health services. [14]
2. Development and implementation of individual written management plans.
3. Medication protocols, including methods of storage, access and administration.[4][5]
4. Development of a comprehensive and coordinated approach to creating a healthy school environment.[11]
5. Communication and confidentiality.[7][8][9]
6. Emergency response.[15]
7. Professional development and training for school personnel.
8. Awareness education for students.

9. Awareness education and resources for parents/guardians.
10. Monitoring and evaluation.

The Superintendent or designee shall annually notify students, parents/guardians, staff and the public about the district's food allergy management policy by publishing such in handbooks and newsletters, on the district's website, and through posted notices and other efficient methods.

Legal

1. 24 P.S. 1422.3
2. Pol. 113
3. Pol. 103.1
4. Pol. 210
5. Pol. 210.1
6. 7 CFR 15b.40
7. Pol. 113.4
8. Pol. 209
9. Pol. 216
10. Pol. 121
11. Pol. 246
12. Pol. 808
13. Pol. 810
14. Pol. 146
15. Pol. 805

22 PA Code 12.41
20 U.S.C. 1232g
20 U.S.C. 1400 et seq
29 U.S.C. 794
42 U.S.C. 12101 et seq
7 CFR Part 15
28 CFR Part 35
34 CFR Part 99
34 CFR Part 104
34 CFR Part 300
Pol. 103
Pennsylvania Guidelines for Management of FoodAllergies in Schools: Recommendations and Resource Guide for School Personnel – Pennsylvania Departments of Education and Health

Section **200 (Pupils)**
Policy **210**
Title **Medications**

Purpose

The Board shall not be responsible for the diagnosis and treatment of student illness. The administration of prescribed medication to a student during school hours in accordance with the direction of a parent/guardian and licensed prescriber will be permitted only when failure to take such medicine would jeopardize the health of the student or the student would not be able to attend school if the medicine were not available during school hours.

Definitions

For purposes of this policy, medication shall include all medicines prescribed by a licensed prescriber and any over-the-counter medicines.

For purposes of this policy, licensed prescribers shall include licensed physicians (M.D. and D.O.), podiatrists, dentists, optometrists, certified registered nurse practitioners and physicians assistants.

Authority

The Board directs all district employees to comply with the Pennsylvania Department of Health's Guidelines for Pennsylvania Schools for the Administration of Medications and Emergency Care.

Before any medication may be administered to or by any student during school hours, the Board shall require the written request of the parent/guardian, giving permission for such administration.[1][2]

Delegation of Responsibility

The Superintendent or designee, in conjunction with the Certified School Nurse (CSN), shall develop administrative regulations for the administration and self-administration of students' medications.

All medications shall be administered by the Certified School Nurse, or in the absence of the Certified School Nurse by other licensed school health staff (RN, LPN), except as otherwise noted in this policy.

In the event of an emergency, a district employee may administer medication when s/he believes, in good faith, that a student needs emergency care.[3]

The Certified School Nurse shall collaborate with parents/guardians, district administration, faculty and staff to develop an individualized healthcare plan to best meet the needs of individual students.[4][5]

The policy and administrative regulations for administration of medications shall be reviewed, at least every two (2) years, by a committee consisting of the Certified School Nurse, school physician, school dentist and designated administrators, and revised as necessary.

Guidelines

The district shall inform all parents/guardians, students and staff about the policy and administrative regulations governing the administration of medications.

All standing medication orders and parental consents shall be renewed at the beginning of each school year.

Student health records shall be confidential and maintained in accordance with state and federal laws and regulations and the Department of Health Guidelines.[6][7]

Students may possess and use asthma inhalers and epinephrine auto-injectors when permitted in accordance with state law and Board policy.[8][9]

Delivery and Storage of Medications

All medication shall be brought to the nurse's office, or the main office if the nurse is in another building, by the parent/guardian or by another adult designated by the parent/guardian. All medication shall be stored in the original pharmacy-labeled container and kept in a locked cabinet designated for storage of medication. Medications that require refrigeration shall be stored and locked in a refrigerator designated only for medications. The district shall not store more than a thirty-day (30)-supply of an individual student's medication.

Medication should be recorded and logged in with the date, name of student, name of medication, amount of medication, and signatures of the parent/guardian or designated adult delivering the medication and the school health personnel receiving the medication.

Nonprescription medication must be delivered in its original packaging and labeled with the student's name.

Prescription medication shall be delivered in its original packaging and labeled with:

1. Name, address, telephone and federal DEA (Drug Enforcement Agency) number of the pharmacy.
2. Student's name.
3. Directions for use (dosage, frequency and time of administration, route, special instructions).
4. Name and registration number of the licensed prescriber.
5. Prescription serial number.
6. Date originally filled.
7. Name of medication and amount dispensed.
8. Controlled substance statement, if applicable.

All medication shall be accompanied by a completed Medication Administration Consent and Licensed Prescriber's Medication Order Form, or other written communication from the licensed prescriber.

Disposal of Medications

Procedures shall be developed for the disposal of medications consistent with the Department of Health Guidelines, which shall include:

1. Guidelines for disposal of contaminated needles or other contaminated sharp materials immediately in an appropriately labeled, puncture-resistant container.
2. Processes for immediately returning to parents/guardians all discontinued and outdated medications, as well as all unused medications at the end of the school year.
3. Methods for safe and environmentally friendly disposal of medications.
4. Proper documentation of all medications returned to parents/guardians and for all medications disposed of by the Certified School Nurse or other licensed school health staff. Documentation shall include, but not be limited to, date, time, amount of medication and appropriate signatures.

Student Self-Administration of Emergency Medications

Prior to allowing a student to self-administer emergency medication, **glucagon or insulin, or medication to be taken during after-school activities or on field trips,** the district shall require the following:[9]

1. An order from the licensed prescriber for the medication, including a statement that it is necessary for the student to carry the medication and that the student is capable of self-administration.
2. Written parent/guardian consent.
3. **Develop, review and disseminate Emergency Care Plan as needed.**
4. The nurse shall conduct a baseline assessment of the student's health status.
5. The student shall demonstrate administration skills to the nurse and responsible behavior.

The nurse shall provide periodic and ongoing assessments of the student's self-management skills.

The student shall notify the school nurse immediately following each occurrence of self-administration of medication.

Students shall demonstrate a cooperative attitude in all aspects of self-administration of medication. Privileges for self-administration of medication will be revoked if school policies regarding self-administration are violated.

Administration of Medication During Field Trips and Other School-Sponsored Activities

The Board directs planning for field trips and other school-sponsored activities to start early in the school year and to include collaboration between administrators, teachers, nurses, appropriate parents/guardians and other designated health officials.[10]

Students who are authorized to self-administer their own medications may be required to store their medication with trained District staff members or other responsible adults designated by parent/guardian that are supervising or assisting in the supervision of the field trip or school sponsored activity, as listed below and deemed appropriate.

Considerations when planning for administration of medication during field trips and other school-sponsored programs and activities shall be based on the student's individual needs and may include the following:

1. Assigning school health staff to be available.
2. Utilizing a licensed person from the school district's substitute list.

3. Contracting with a credible agency which provides temporary nursing services.
4. Utilizing licensed volunteers via formal agreement that delineates responsibilities of both the school and the individual.
5. Addressing with parent/guardian the possibility of obtaining from the licensed prescriber a temporary order to change the time of the dose.
6. Asking parent/guardian to accompany the child on the field trip, with proper clearances.
7. Arranging for medications to be provided in an original labeled container with only the amount of medication needed.

Security procedures shall be established for the handling of medication during field trips and other school-sponsored activities.

Legal

1. 24 P.S. 510
2. 22 PA Code 12.41
3. 42 Pa. C.S.A. 8337.1
4. Pol. 103.1
5. Pol. 113
6. 24 P.S. 1409
7. Pol. 216
8. 24 P.S. 1414.1
9. Pol. 210.1
10. Pol. 121

24 P.S. 1401
24 P.S. 1402
Pennsylvania Department of Health Guidelines for Pennsylvania Schools for the Administration of Medications and Emergency Care, March 2010

Section	**200 (Pupils)**
Policy	**246**
Title	**School Wellness**

Purpose

Southern Lehigh School District recognizes that student wellness and proper nutrition are related to students' physical well-being, growth, development and readiness to learn. The Board is committed to providing a school environment that promotes student wellness, proper nutrition, nutrition education and promotion, and regular physical activity as part of the total learning experience. In a healthy school environment, students will learn about and participate in positive dietary and lifestyle practices that can improve student achievement.

Authority

The Board adopts this policy based on the recommendations of the Wellness Committee and in accordance with federal and state laws and regulations.[1][2]

To ensure the health and well-being of all students, the Board establishes that the district shall provide to students:

1. A comprehensive nutrition program consistent with federal and state requirements.
2. Access at reasonable cost to foods and beverages that meet established nutrition guidelines.
3. Physical education courses and opportunities for developmentally appropriate physical activity during the school day.
4. Curriculum and programs for grades K-12 that are designed to educate students about proper nutrition and lifelong physical activity, in accordance with State Board of Education curriculum regulations and academic standards.

Delegation of Responsibility

The Superintendent or designee shall be responsible for the implementation and oversight of this policy to ensure each of the district's schools, programs and curriculum is compliant with this policy, related policies and established guidelines or administrative regulations.[1][2]

Each building principal or designee shall annually report to the Superintendent or designee regarding compliance in the building principal's school.[2]

Staff members responsible for programs related to school wellness shall report to the Superintendent or designee regarding the status of such programs.

The Superintendent or designee and the established Wellness Committee shall conduct an assessment at least once every three (3) years on the contents and implementation of this policy as part of a continuous improvement process to strengthen the policy and ensure implementation. This triennial assessment shall be made available to the public in an accessible and easily understood manner and include:[1][2]

1. The extent to which each district school is in compliance with law and policies related to school wellness.
2. The extent to which this policy compares to model local wellness policies.

3. A description of the progress made by the district in attaining the goals of this policy.

~~At least once every three (3) years,~~ The district shall update or modify this policy as needed, based on the results of the most recent triennial assessment and/or as district and community needs and priorities change; wellness goals are met; new health science, information and technologies emerge; and new federal or state guidance or standards are issued.[2]

The district shall annually inform and update the public, including parents/guardians, students, and others in the community, about the contents, updates and implementation of this policy via the district website, student handbooks, newsletters, posted notices and/or other efficient communication methods. This annual notification shall include information on how to access the School Wellness policy; information about the most recent triennial assessment; information on how to participate in the development, implementation and periodic review and update of the School Wellness policy; and a means of contacting Wellness Committee leadership. [1][2]

The district shall provide appropriate training to all staff on the components of the School Wellness policy.

Guidelines

Recordkeeping

The district shall retain records documenting compliance with the requirements of the School Wellness policy, which shall include:[2][3]

1. The written School Wellness policy.
2. Documentation demonstrating that the district has informed the public, on an annual basis, about the contents of the School Wellness policy and any updates to the policy.
3. Documentation of efforts to review and update the School Wellness policy, including who is involved in the review and methods used by the district to inform the public of their ability to participate in the review.
4. Documentation demonstrating the most recent assessment on the implementation of the School Wellness policy and notification of the assessment results to the public.

Wellness Committee

The district shall establish a Wellness Committee comprised of, but not necessarily limited to, at least one (1) of each of the following: School Board member, district administrator, district food service representative, student, parent/guardian, school health professional, physical education teacher and member of the public. It shall be the goal that committee membership will include representatives from each school building and reflect the diversity of the community.[1]

The Wellness Committee shall serve as an advisory committee regarding student health issues and shall be responsible for developing, implementing and periodically reviewing and updating a School Wellness policy that complies with law to recommend to the Board for adoption.

The Wellness Committee shall review and consider evidence-based strategies and techniques in establishing goals for nutrition education and promotion, physical activity and other school based activities that promote student wellness as part of the policy development and revision process.[2]

Nutrition Education

Nutrition education will be provided within the sequential, comprehensive health education program in accordance with curriculum regulations and the academic standards for Health, Safety and Physical Education, and Family and Consumer Sciences.[4][5][6]

Nutrition education in the district shall teach, model, encourage and support healthy eating by students. Promoting student health and nutrition enhances readiness for learning and increases student achievement. Nutrition education shall extend beyond the school environment by engaging and involving families and the community.

Nutrition professionals who meet hiring criteria established by the district and in compliance with federal regulations shall administer the school meals program. Professional development and continuing education shall be provided for district nutrition staff, as required by federal regulations.[12][13][14][15]

Nutrition Promotion

Nutrition promotion and education positively influence lifelong eating behaviors by using evidence-based techniques and nutrition messages, and by creating food environments that encourage healthy nutrition choices and encourage participation in school meal programs.

District schools shall offer resources about health and nutrition to encourage parents/guardians to provide healthy meals for their children.

Physical Activity

District schools shall strive to provide opportunities for developmentally appropriate physical activity during the school day for all students.

District schools shall contribute to the effort to provide students with opportunities to accumulate at least sixty (60) minutes of age-appropriate physical activity daily, as recommended by the Centers for Disease Control and Prevention. Opportunities offered at school will augment physical activity outside the school environment, such as outdoor play at home, sports, etc.

Physical activity breaks may be provided for students during classroom hours.

Physical activity shall not be used or withheld as a form of punishment.

Students and their families shall be encouraged to utilize district-owned physical activity facilities, such as playgrounds and fields, outside school hours in accordance with established district rules.

Physical Education

A sequential physical education program consistent with curriculum regulations and Health, Safety and Physical Education academic standards shall be developed and implemented. All district students must participate in physical education.[5][6][7]

Students shall be moderately to vigorously active as much time as possible during a physical education class. Documented medical conditions and disabilities shall be accommodated during class.

Physical activity shall not be used or withheld solely as a form of punishment.

Other School-Based Activities

Safe drinking water shall be available and accessible to students, without restriction and at no cost to the student, at all meal periods and throughout the school day.[8][9][10][11]

~~Nutrition professionals who meet hiring criteria established by the district and in compliance with federal regulations shall administer the school meals program. Professional development and continuing education shall be provided for district nutrition staff, as required by federal regulations.[12] [13][14][15]~~

Meal periods shall be scheduled at appropriate hours, as required by federal regulations and as defined by the district.[8]

Students shall have access to hand washing or sanitizing before and after meals and snacks.

Nutrition content of school meals shall be available to students and parents/guardians.

~~The district shall provide appropriate training to all staff on the components of the School Wellness policy.~~

Fundraising projects submitted for approval shall be supportive of healthy eating and student wellness.

The district shall support the efforts of parents/guardians to provide a healthy diet and daily physical activity for children by communicating relevant information through various methods.

Food shall not be used in the schools as a reward or punishment.

Nutrition Guidelines for All Foods/Beverages at School

All foods and beverages available in district schools during the school day shall be offered to students with consideration for promoting student health and reducing obesity.

Foods and beverages provided through the National School Lunch or School Breakfast Programs shall comply with established federal nutrition standards.[8][9][13][14]

Foods and beverages offered or sold at school-sponsored events outside the school day, such as athletic events and dances, shall offer healthy alternatives in addition to more traditional fare.

Competitive Foods

Competitive foods available for sale shall meet or exceed the established federal nutrition standards (USDA Smart Snacks in School). These standards shall apply in all locations and through all services where foods and beverages are sold to students, which may include, but are not limited to: a la carte options in cafeterias, vending machines, school stores, snack carts and fundraisers.[2][16][17]

Competitive foods are defined as foods and beverages offered or sold to students on school campus during the school day, which are not part of the reimbursable school breakfast or lunch.

For purposes of this policy, school campus means any area of property under the jurisdiction of the school that students may access during the school day.[2][16]

For purposes of this policy, school day means the period from midnight before school begins until thirty (30) minutes after the end of the official school day.[2][16]

The district may impose additional restrictions on competitive foods, provided that the restrictions are not inconsistent with federal requirements.[16]

Fundraiser Exemptions
Fundraising activities held during the school day involving the sale of competitive foods shall be limited to foods that meet the Smart Snacks in School nutrition standards, unless an exemption is approved in accordance with applicable Board policy and administrative regulations.[18]

The district may allow a limited number of exempt fundraisers as permitted by the Pennsylvania Department of Education each school year: up to five (5) exempt fundraisers in elementary and middle school buildings, and up to ten (10) exempt fundraisers in high school buildings. Each fundraiser may not exceed one (1) week. Exempt fundraisers are fundraisers in which competitive foods are available for sale to students that do not meet the Smart Snacks in School nutrition standards.[16]

The district shall establish administrative regulations to implement fundraising activities in district schools, including procedures for requesting a fundraiser exemption.

Non-Sold Competitive Foods
Non-sold competitive foods available to students, which may include but are not limited to foods and beverages offered as rewards and incentives, at classroom parties and celebrations, or as shared classroom snacks, shall meet or exceed the standards established by the district.

If the offered competitive foods do not meet or exceed the Smart Snacks in School nutrition standards, the following standards shall apply:

1. Rewards and Incentives:
   a. Foods and beverages shall not be used as a reward or incentive in district schools, unless the reward involves an activity that promotes a positive nutrition message (e.g., field trip to a farm or a farmers' market).

2. Classroom Parties and Celebrations:
   ~~a.~~ The district shall inform parents/guardians through an efficient communications method that foods/beverages may ~~only~~ be brought to school for parties and celebrations **only when requested by the teacher for scheduled parties.** ~~when requirements set forth in district procedures are met.~~

3. Shared Classroom Snacks:
   a. Shared classroom snacks are not permitted in district schools.

The district shall provide a list of suggested non food ideas and healthy food and beverage alternatives to parents/guardians and staff, which may be posted via the district website, student handbooks, newsletters, posted notices and/or other efficient communication methods.

Marketing/Contracting -
Any foods and beverages marketed or promoted to students on the school campus during the school day shall meet or exceed the established federal nutrition standards (USDA Smart Snacks in School) and comply with established Board policy and administrative regulations.[2][16]

Exclusive competitive food and/or beverage contracts shall be approved by the Board, in accordance with provisions of law. The Board shall provide reasonable public notice or hold a public hearing prior to approving competitive food and/or beverage contracts. Reasonable public notice constitutes notice to parents/guardians utilizing normal school communication procedures at least thirty (30) days prior to the approval of such contract and guidance on how to offer public comment regarding the contract. Existing contracts shall be reviewed and modified to the extent feasible to ensure compliance with established federal nutrition standards, including applicable marketing restrictions.[19]

Management of Food Allergies in District Schools

The district shall establish Board policy and administrative regulations to address food allergy management in district schools in order to:[20]

1. Reduce and/or eliminate the likelihood of severe or potentially life-threatening allergic reactions.
2. Ensure a rapid and effective response in case of a severe or potentially life-threatening allergic reaction.
3. Protect the rights of students by providing them, through necessary accommodations when required, the opportunity to participate fully in all school programs and activities.

Safe Routes to School

The district shall cooperate with local municipalities, public safety agency, police departments and community organizations to develop and maintain safe routes to school.

Legal

1. 42 U.S.C. 1758b
2. 7 CFR 210.31
3. 7 CFR 210.15
4. 24 P.S. 1513
5. Pol. 102
6. Pol. 105
7. 24 P.S. 1512.1
8. 7 CFR 210.10
9. 7 CFR 220.8
10. 24 P.S. 701
11. 24 P.S. 742
12. Pol. 808
13. 42 U.S.C. 1751 et seq
14. 42 U.S.C. 1773
15. 7 CFR 210.30
16. 7 CFR 210.11
17. 7 CFR 220.12
18. Pol. 229
19. 24 P.S. 504.1
20. Pol. 209.1

24 P.S. 1337.1
24 P.S. 1422.3
P.L. 111-296
7 CFR Part 210
7 CFR Part 220
Pol. 103
Pol. 103.1

Section **800 (Operations)**
Policy **823**
Title **Naloxone**

Authority

As a means of enhancing the health and safety of its students, staff and visitors, the district may obtain, maintain and administer doses of an opioid antagonist and other facilities, specifically Naloxone, for emergency use to assist a student, staff member or other individual believed or suspected to be experiencing an opioid overdose.[1][2]

Definitions

Drug overdose - shall mean an acute medical condition, including, but not limited to, severe physical illness, coma, mania, hysteria or death, which is the result of consumption or use of one or more controlled substances causing an adverse reaction. An individual's condition may be deemed to be a drug overdose if a prudent person, possessing an average knowledge of medicine and health, would reasonably believe that the condition is in fact a drug overdose and requires immediate medical attention.[1]

Naloxone - shall mean a medication that can reverse an overdose caused by an opioid drug. As a narcotic antagonist, Naloxone displaces opiates from receptor sites in the brain and reverses respiratory depression that usually is the cause of overdose deaths.

Opioid - shall mean illegal drugs such as heroin, as well as prescription medications used to treat pain such as morphine, codeine, methadone, oxycodone, hydrocodone, fentanyl, hydromorphone, and buprenorphine.

Delegation of Responsibility

The Superintendent or designee, in consultation with the school nurse(s) and the school physician, shall establish appropriate internal procedures for the acquisition, stocking and administration of Naloxone and related emergency response procedures pursuant to this policy.

The school physician shall be the prescribing and supervising medical professional for the district's stocking and use of Naloxone. The Superintendent or designee shall obtain a standing order from the school physician for the administration of Naloxone.

~~The school nurse shall be responsible for building-level administration of Naloxone and management of Naloxone stocks.~~ **The school nurse in each school building shall be responsible for supervising building-level administration of Naloxone and management of Naloxone stocks that may be stored in a building where the nurse is located.**

Guidelines

The ~~school nurse shall~~ school nursing department leader shall develop a plan for annually informing all parents/guardians, students and staff about this policy and specifically:

1. The availability of Naloxone to treat opioid drug overdoses and what it does;
2. The symptoms of opioid drug overdoses;
3. How students and staff should report suspected overdoses;

4. The protection from criminal prosecution provided by law for persons who report, in good ~~a~~faith, a suspected overdose using their real name and remain with the overdosing person until emergency medical services (EMS) or law enforcement arrive, as well as for the person whose overdose they report; and[1][2]
5. The protection from civil liability provided by law for persons who report overdoses or administer Naloxone in overdose emergencies.[1][2]

Standing Order From the School Physician

The school physician shall provide and annually renew a standing order for the administration of Naloxone to students, staff members or other individuals believed or suspected to be experiencing an opioid overdose.

The standing order shall include at least the following information:
1. Type of Naloxone (intranasal and auto-injector).
2. Date of issue.
3. Dosage.
4. Signature of the school physician.

The standing order shall be maintained in the Superintendent's office ~~Superintendent's office nurse's office~~, and copies of the standing order shall be kept in each location where Naloxone is stored.

Training

Before any school district employee may have custody of Naloxone or administer Naloxone under this policy, the employee must successfully complete an online Pennsylvania Department of Health training program about recognizing opioid-related overdoses, administering Naloxone and promptly seeking medical attention for drug overdoses. Evidence that such training has been completed shall be placed in the employee's personnel file **or other appropriate file maintained by the school district**.[2][3]

A list of school district employees who successfully complete such training shall be maintained, updated and kept in the school nurse's office and the school district administration office.

Acquisition, Storage and Disposal

Naloxone shall be safely stored in the school nurse's office or other location designated by the school nurse in accordance with the drug manufacturer's instructions.

Naloxone shall be made readily accessible to those employees who have completed the required training to administer it in the event of a suspected drug overdose. All properly trained employees shall be informed of the exact location where Naloxone is being stored within the school nurse's office or other location designated by the school nurse.

The school nurse shall obtain sufficient supplies of Naloxone pursuant to the standing order in the same manner as other medical supplies acquired for the school health program. The school nurse or designee shall regularly inventory and refresh Naloxone stocks, and maintain records thereof, in accordance with the established internal procedures, manufacturer recommendations and Department of Health Guidelines.

Administration of Naloxone

When responding to a suspected drug overdose, district employees shall follow the steps outlined below:
1. Call for medical help immediately (Dial 9-1-1).

2. Check for signs of opioid overdose.
3. Perform initial rescue breathing (or CPR if needed), as instructed in training.
4. Administer Naloxone, as instructed in training.
5. Continue rescue breathing (or CPR if needed), as instructed in training.
6. Administer second dose of Naloxone if needed, as instructed in training.
7. Place in recovery position, as instructed in training.
8. Stay with the individual until emergency medical help arrives.
9. Cooperate with EMS personnel responding to the incident.
10. Notify the building administrator or designee of the incident.

Referral to Law Enforcement and Parental Notification

The Superintendent or designee shall immediately report incidents involving the use of controlled substances on school property, at any school-sponsored activity or on a conveyance providing transportation to or from a school or school-sponsored activity, to the local police department that has jurisdiction over the school's property, in accordance with state law and regulations, the procedures set forth in the memorandum of understanding with local law enforcement and Board policies.[4][5][6][7][8][9][10]

The Superintendent or designee shall notify the parent/guardian of any student directly involved in an incident involving use of controlled substances immediately, as soon as practicable. The Superintendent or designee shall inform the parent/guardian whether or not the local police department that has jurisdiction over the school property has been or may be notified of the incident. The Superintendent or designee shall document attempts made to reach the parent/guardian.[4][9][10][11]

Referral to Student Assistance Program

Any student who experiences a drug overdose shall be referred to the district's Student Assistance Program.[12]

Indemnification

The school district shall indemnify and hold harmless any employee who administers Naloxone in good faith to another individual experiencing a suspected drug overdose, if all of these conditions apply:[2][13][14]

1. The employee did not act with the intent to harm or with reckless indifference to a substantial risk or harm in administering Naloxone to that individual.
2. The employee successfully completed the training contemplated by this policy.
3. The employee promptly sought additional medical assistance before or immediately after administering Naloxone.
4. The employee is administering Naloxone pursuant to this policy.

Legal

1. 35 P.S. 780-113.7
2. 35 P.S. 780-113.8
3. Pol. 324
4. 22 PA Code 10.2
5. 22 PA Code 10.21
6. 22 PA Code 10.22
7. 24 P.S. 1302.1-A
8. 24 P.S. 1303-A
9. Pol. 227

10. Pol. 805.1
11. 22 PA Code 10.25
12. Pol. 236
13. 42 Pa. C.S.A. 8547
    42 Pa. C.S.A. 8548

Book Administrative Regulations
Section 100 Programs
Title 122 Extracurricular and Co-curricular Activities
Code 122-AR
Status. Administrative Review

Guidelines

The Superintendent or designee shall ensure that the program of extracurricular activities:

1. Assesses the needs and interests of and is responsive to district students.
2. Involves students in developing and planning extracurricular activities.
3. Ensures provision of competent guidance and supervision by staff.
4. Guards against exploitation of students.
5. Provides a variety of experiences and diversity of organizational models.
6. Provides for continuing evaluation of the program and its components.
7. Ensures that all extracurricular activities are open to all students and that all students are fully informed of the opportunities available to them.

Off-Campus Activities

Student conduct that occurs off school property or during nonschool hours shall comply with the provisions of the student discipline policy and any associated handbooks or codes of conduct addressing off-campus activities.

Initiation of a Proposal for the Formation or Elimination of a School District-Sponsored Activity, or Club Sport

Any individual or group seeking to initiate a proposal for the formation of a School District-Sponsored Activity or Club Sport or to eliminate an existing School District Sponsored Activity or Club Sport will submit in writing the information set forth in the following list to the appropriate Building Principal.

1. Name of activity, sports team/program or club team and contact information.
2. Season length and structure, if applicable.
3. Realistic anticipated number of participants; numbers of past participants.
4. The need this activity or sports team is designed to fill.

5. Anticipated impact on other district-sponsored activities or sports teams, including Title IX considerations.

6. Staffing implications, including the pay of coaches or advisors if applicable.

7. Budgetary implications.

8. Anticipated date activity or team is requested to be added or deleted.

9. Facilities usage implications.

10. Existence of community programs in that sport or activity.

11. Transportation plans for contests/events, if applicable.

Process

1. The appropriate administrator will review all requests for initiation or elimination of a School District Sponsored Activity or Club Sport and forward all information to the Superintendent with a written recommendation to include/exclude in the annual budget submission.

2. The Superintendent will review all requests for initiation or elimination of a School District Sponsored Activity or Club Sport and forward all information to the Finance Committee with a written recommendation to include/exclude in the budget submission.

3. The Finance Committee Board will recommend to the Board a course of action.

4. The Board will make the decision to approve, disapprove or modify the proposal. The addition of stipend-supported positions may be a matter involving collective bargaining.

Procedure for Changing Status of a Club Sport to a District-Recognized PIAA Interscholastic Sports Team/Program
See Policy and Administrative Regulation No. 123 "Interscholastic Activities."

Last Modified by Ken Roos on July 20, 2026

Book Administrative Regulations
Section 100 Programs
Title 123 Interscholastic Athletics
Code 123-AR
Status. Administrative Review

Guidelines

Initiation of a Proposal for the Formation or Elimination of a District-Recognized Interscholastic PIAA Sporting Team/Program

Any individual or group seeking to initiate a proposal for the formation or elimination of an existing District-Recognized Interscholastic PIAA Sport Team/Program will submit in writing the information named in the following list to the Coordinator of Athletic Services.

1. Name of activity, sports team/program and contact information.
2. Season length and structure, if applicable.
3. Realistic anticipated number of participants; numbers of past participants.
4. The need this activity or sports team is designed to fill.
5. Anticipated impact on other district-sponsored activities or sports teams, including Title IX considerations.
6. Staffing implications, including the pay of coaches or advisors if applicable.
7. Budgetary implications.
8. Anticipated date activity or team is requested to be added or deleted.
9. Facilities usage implications.
10. Existence of community programs in that sport or activity.
11. Transportation plans for contests/events, if applicable.

Process

1. The appropriate administrator will review all requests for initiation or elimination of a District-Recognized Interscholastic PIAA Sport Team/Program and forward all information to the Superintendent with a written recommendation to include/exclude in the annual budget submission.
2. The Superintendent will review all requests for initiation or elimination of a District-Recognized Interscholastic PIAA Sport Team/Program and forward all information to the Finance Committee with a written recommendation to include/exclude in the budget submission.

3. The Finance Committee Board will recommend to the Board a course of action.

4. The Board will make the decision to approve, disapprove or modify the proposal. The addition of stipend-supported positions may be a matter involving collective bargaining.

Procedure for Changing Status of a Club Sport to a District-Recognized PIAA Interscholastic Sports Team/Program

After the first year of the Club Sport's existence, representatives from the Club Sport may request the consideration of the Board for recognition as a District-Recognized PIAA Sports Team/Program and District funding from the Board for the following year through the athletic office budget in the following manner:

1. The Coordinator of Athletic Services will receive and review all requests for initiation of a District-Recognized PIAA Interscholastic Sports Team/Program including information listed in 1 through 11 above. They will forward the proposal to the Superintendent with a written recommendation to include/exclude in the next annual budget submission.

2. The Superintendent will review all requests for initiation of a District-Recognized Interscholastic PIAA Sports Team/Program and forward all information to the Finance Committee with a written recommendation to include/exclude in the next annual budget submission.

3. The Finance Committee of the Board of School Directors will recommend to the Board of School Directors a course of action.

4. The Board of School Directors will make the decision to approve, disapprove or modify the proposal. The addition of stipend-supported positions may be a matter involving collective bargaining.

Suspension or Cessation of a School District-Sponsored Activity, District-Recognized Interscholastic PIAA Sporting Team/Program or Club Sport

Low enrollment, lack of supervision, financial considerations or other reasons concerning any District-Recognized PIAA Interscholastic Sports Team/Program may cause its suspension for a given season, with a subsequent review to occur to determine the long-term viability of the program. The Board will have sole discretion to continue, suspend or cease the sponsorship, recognition or financial support for any District-Recognized PIAA Interscholastic Sports Team/Program. In addition, the Board will have sole discretion in any decision made to reduce a District-Recognized PIAA Interscholastic Sports Team/Program to a Club Sport.

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